

Welcome to the High School Mountain Bike Team Sign-up & Information Meeting





COVID PRECAUTIONS

- Masks on before and after practice and when stopped
- 10 feet of distance
- Follow ride leader instructions

PRE-SEASON

Oct. 17th - Nov. 30th Saturdays Only 9am to noon

REGULAR SEASON

December - May 4 practices/events per week

WEEKLY PRACTICES

Mon 6pm - 8pm CD Night Ride Wed - HS Team Only Thurs or Fri - Strava 2 hour Sat - 9am - 12pm CD Ride

How is Cycling Dev Unique? A Skill Level Group for every Rider

LEVELS 1 - 5

This Year there will be 15 Groups. There will be 3 Groups of each skill level to keep our Group sizes under 12 total per group.



PARENT VOLUNTEERS



RIDE LEADERS

Parents/Ride Leaders need to get certified prior to riding with the team. Every Tuesday at 6pm we are meeting at Cavitt to go over new COVID format

RACES **TBD** NorCal League norcalmtb.org

TEAM DUES \$350

\$250 if returning from last season

WHAT DUES COVER

- Team Equipment and Fees
- Jersey & Bib Shorts
- Wednesday Night Worlds Races at Prairie City
- Insurance

OTHER COSTS

- Bike, Helmet, Gloves
- NICA Reg. and Race Fees Approximately \$200
- Travel up to 3 away races
- Bike Maintenance

BIKE DEALS

Come on down to Mike's Bikes ASAP if you are looking for a bike this season. COVID made bike sales go through the roof and inventory super slim. When you go down to Mike's let them know you are on a high school mountain bike team to get up to 25% off on Specialized & Santa Cruz mountain bikes.

SCHOLARSHIPS

- Apply anonymously
- Includes loaner bike, dues and maintenance assistance
- Contact your head coach privately with questions

COMMITMENT

- No-cut sport

(We want you to come out and give it your best)

- Attendance

(Your team needs you, so show up)

- Attitude

(We are here to exercise and have fun. Stay positive!)

RECRUITING

- We would especially LOVE more girls!!
- Don't be afraid to ask
- Provide them with your coach's contact info

HOW TO SIGN UP Registration is now Open

cyclingdev.com

AFTER YOU SIGN UP

You will be invited by your coach to register in the NICA Pit Zone. You need to do this to show as "practice ready" before you can attend your first practice on October 17th.

MUST READ

Three Waivers

- 1. Liability
- 2. Team Rules
- 3. COVID-19



Thank you for coming!

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